

Who to call and Where to go for help...

Access Programs at Vancouver Island University: a department within the Career and Academic Preparation area of VIU. Access Programs assists adults with disabilities to acquire and develop vocational, academic, work and life skills. There is a two year certificate program offered for persons with a disability wanting to enhance their skills needed for successful employment and independent living. Students learn essential skills in the classroom and practise hands-on job training within their community. **(250)-740-6417** 900 Fifth Street, Nanaimo, BC, Canada V9R 5S5 www.viu.ca

Coastal Support Services Ltd: Provides wide range of job supports to individuals with developmental disabilities through referrals from CLBC; support includes resume building, job interview skills, links to work experiences and paid employment in the community, on-site job coaching, follow-up services for employers and clients. Office **(250)754-0740** 557 Stewart Ave Nanaimo BC V9S

Community Living British Columbia (CLBC): delivers support and services to people with developmental disabilities, children with special needs and their families in British Columbia. **(250) 760-0424** - Central Island Community Living Centre (this is primary contact office for individuals and families) Facilitator Office, #1-1925 Bowen Rd, Nanaimo BC V9S 1H1, **OR (250)-729-2500** Quality Service Office (this is primary office contact for contractors and resources) Analysts, 3090 Barons Rd, Nanaimo, BC V9T 4B5

British Columbia Paraplegic Association: assists people with spinal cord injuries and other physical disabilities to achieve independence, self-reliance and full community participation. They work with individual clients, and work with many community based committees related to access issues, community building and employment. Promotes and advocates recreation and sports activities for people with disabilities. **(250) 741-9889** 2nd Floor 1535 Bowen Road Nanaimo, BC

Ladysmith Community Link: provides community and employment support services including career development, and job coaching to individuals with developmental disabilities, so they can participate in their community as valued and respected citizens. Community Link strives to demonstrate the benefits of employment partnerships. **(250) 797-0533** 721 - 1st Avenue, Ladysmith, BC V9G 1B2

Nanaimo Association for Community Living: recently developed a vocational program dedicated to supporting individuals in identifying and reaching their employment related goals. This program is called **NACLWorks!** and incorporates the principles and practices used in the customized employment model of service. They will work with the business/employer to find out what they are looking for so they can facilitate a good "match" between the two. **(250) 741-0224 ext #7** 83 Victoria Crescent, Nanaimo, BC V9R 5B9 www.nanaimoacl.com

Parksville & District Association for Community Living (PDACL): provides services to persons with developmental disabilities in the Parksville area. They offer two day programs, a network services program, a semi-independent living program, a self help skills program and three 1:1 support programs. Customized as well as supported employment services are offered to individuals based on person centered plans developed with each participant. **(250) 248-2933** 118 McMillan Street, Parksville, British Columbia www.pdacl.ca

Skaana Community Resources Ltd: small organization contracted by CLBC in Nanaimo to provide both Day Program and Residential services for adults with developmental challenges. They offer some one on one support as well as small group support to help clients reach their personal goals; which may include pursuing educational, recreational, social, employment and volunteer opportunities. **(250) 741-1185**

VIHA Mental Health and Addictions Services: provides services to people with a mental illness and/or addiction. These services include Crisis response, Walk-in Crisis Counselling, Case Management, Individual and Group Treatment, Supported Housing, rehabilitation services, Seniors Outreach and In-patient assessment and treatment for individuals with mental health and/or addictions issues. **(250)-755-6257** 203-2000 Island Highway N. Nanaimo, BC V9S 5W3

Vancouver Island Vocational Rehabilitation Services (VIVRS): VIVRS provides service throughout Vancouver Island with offices in Victoria, Nanaimo, Duncan, Port Alberni and Parksville. This includes assessment, liaison with medical specialists, employment and vocational counseling, job search assistance, life skills coaching, work experience, training and employment plans, application for training and educational funding, work placement and follow-along to job seekers and individuals wishing to participate in their communities. For employers, they focus on supporting you as you assess, train and hire our clients. They will provide skilled, motivated volunteers and workers for short or long term opportunities such as work experience placements and paid employment. **(250) 753-4225** 241 Milton Street, Nanaimo, BC V9R 2K5 www.VIVRS.ca